

Is it time to start sharing the love?



WillisTowersWatson |.'|.'|.

The indulgent cheese fondue was the star of the show at many swinging sixties dinner parties. It may pack a lot of fat and calories but it remains a fun way to eat in a communal, sharing way.

Working side-by-side with colleagues, peer-based health and wellbeing champions are not only best placed to recognise when others are struggling, but they can also help bridge a gap between employer and employee.

This month, we outline 5 ways in which wellbeing champions can help turn the workplace into a work community.

HR
GUIDE

Find out more:

**5 benefits of wellbeing champions
in the workplace**

[www.wtw-healthandbenefits.co.uk/
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