



Is this one of the most
poisonous plants in
the UK?

WillisTowersWatson |.'|.'|.

Chervil is a wild herb used to tackle anything from fluid retention and coughs to digestion problems and high blood pressure.

But wild food lovers beware – chervil looks almost identical to the highly poisonous hemlock plant! A lapse in judgement could have fatal consequences, so it's vital that foragers can compare and contrast the flower-heads accurately.

Benchmarking your health and benefits offering against your competitors can provide vital insight and help you maintain a lead in recruiting your sector's star performers.

The logo consists of the letters 'HR' in a large, bold, white sans-serif font, with the word 'GUIDE' in a smaller, white sans-serif font directly below it. The entire logo is set against a solid black square background.

HR
GUIDE

Find out more:

5 ways benchmarking wellbeing programmes can help companies stay ahead.

[www.wtw-healthandbenefits.co.uk/
benchmarking](http://www.wtw-healthandbenefits.co.uk/benchmarking)



Chervil recipe suggestion

[http://www.myrecipes.com/recipe/
roasted-halibut-chervil-sauce](http://www.myrecipes.com/recipe/roasted-halibut-chervil-sauce)